

# New Caney track star recovers from foot injury in style

By **FROM COMMUNITY REPORTS**

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Seth Arnold has made a steady recovery this summer.

Arnold, a rising junior pole vaulter at New Caney High School, broke a bone in his left foot last April while preparing to qualify for the UIL 4A Region 3 meet. He had a screw placed in his foot on May 23, rendering him inactive for almost a month.

On June 21, four days after having the screw removed, Arnold qualified for the regional USA Junior Olympic meet by clearing 9 feet, 6 inches. With his left foot still healing, Arnold had to jump left-handed at the qualifying meet so that he could take off on his right foot.

Arnold competed in the regional meet in Ft. Worth on July 11. He broke the pole on his first attempt, hurting his shoulder in the process. However, Arnold came back and cleared 13-0, placing third overall and qualifying for the U.S. Junior Olympics in Omaha, Neb.

Despite his qualifying mark, Arnold opted not to go to Omaha. He decided instead to participate in the Quintana Beach Vault near Freeport on July 26, the same day of the Junior Olympics.

At Quintana, Arnold won the boys high school division in the pole vault by clearing 14-6, three inches below his personal-best mark.

